



SHOP MY OBJECT OF DESIRE



TOP 10 DREAMY CARIBBEAN GETAWAY HOTEL SPAS



Valentine's Day may have passed, but a love-infused Caribbean getaway is a year-round affair that should be consistently encouraged. We've done our part to find some of the highest-rated hotels and resorts in the Caribbean region with world-class spas. Their services transcend luxury to provide truly bespoke experiences.

Tourism in tropical destinations has grown quickly throughout the pandemic and the projection will continue through 2022. Whether you are with family, a significant other, friends, or solo, these hotels will give you total bliss all year long. From unbeatable views to one-of-a-kind treatments, the following Caribbean spas and wellness facilities are among the best to consider in your travel plans.

10 Top Dreamy Caribbean Hotel Spas

Anguilla





Four Seasons Resort and Residences Anguilla

Known for ecologically significant coral reefs and beaches, Anguilla hosts the **Four Seasons Resort and Residences** on its Northwest shore. The property is ideal for couples and groups and offers a wide range of wellness treatments to cover everyone's needs and personal wishes. Guests can choose between indoor spa suites or seaside cabanas to have their treatments; however, due to its privileged location, we suggest the latter for unparalleled views of the eastern Caribbean sea.

Tip: Blue Tranquility Massage and Anguilla Salt Scrub are a must-do for a Caribbean getaway at this resort.

Aruba



Manchebo Beach Resort & Spa

Walk through the gates of Spa del Solat the **Manchebo Resort** and expect a Balinese-inspired oasis with five private oceanfront treatment rooms that hint at a sense of tranquility upon sight. At Spa del Sol guests can find all sorts of massage therapies but it takes the experience a bit further with the Volcano Mud Body Wrap. The treatment stimulates blood circulation, exfoliates the dead skin, and replenishes lost minerals with mud found in a volcano in Colombia. Also, the lush landscapes, soft music, and teakwood furnishings set the tone for each session overlooking Eagle Beach.

Bahamas





The Ocean Club

A legendary Caribbean getaway spot with over fifty years of history, **The Ocean Club** is sprawled over 35 acres of Versailles-inspired lawns and gardens. The hotel's perfectly manicured grounds and its remarkable seclusion serve as an enviable setting for a wellness retreat that attracts the world's most discerning travelers. Pick from its many ocean rituals and body nourishing treatments, but if you genuinely want to tune into a mind-body experience, we suggest the Bahamas Rhythm Massage, which uses breathing techniques as an instrument to loosen your muscles and release tension. A must on your list of Caribbean spas to visit!

PS: Celebrity sightings are not rare at this Paradise Island resort by Four Seasons.



Cuba

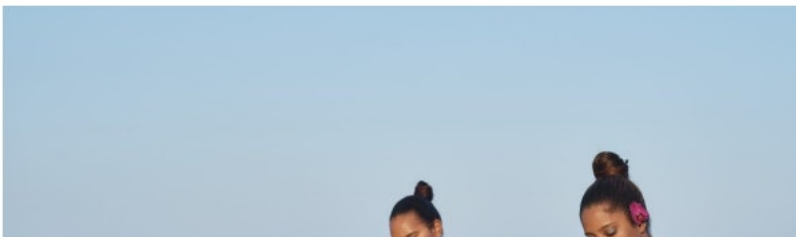


Meliá Buenavista

The **Meliá Buenavista** is located in a historic part of Cuba, Villa Clara. Their perfectly warm turquoise ocean water is a specialty. Since this is the only resort in the area, the all-inclusive property offers privacy and tranquility that not many other hotels can pull off in Cuba. Also, ask about the Yhi-Spa, which is located in a separate area that houses the spa, a fitness center, a beauty salon, and a reception lounge where the hotel's personalized service and qualified therapists await. Expect a full-service spa menu that involves steam rooms, jacuzzis, hydromassages, outdoor relaxation areas, and much more.

Tip: Try the 'Feelings of Cuba' body massages or the 'Beauty of Cuba' tropical facials for an authentic experience of Cuban aromas and flavors.

Dominican Republic





Finest Punta Cana

Finest Punta Cana is a newly opened all-inclusive resort and it is the first all-ages in the destination from the [The Excellence Collection](#). This resort offers memorable experiences and bespoke service for kids and adults alike, and the *ONE Spa* is no exception. Out by the ocean breeze or indoor at a state-of-the-art facility, the resort features a spa menu that is abundant in romance for couples and family treatments to pamper parents and their little ones. If Caribbean adults-only resorts are more your preference, **Excellence Punta Cana** and **Excellence El Carmen**, also from The Excellence Collection, are great options and they have equally fabulous spas – The Miilé Spa. These two properties were recently recognized among the world's top resorts by Tripadvisor and the U.S News and World Report.

PS: Also, even though they are an all-ages resort, the premises are laid out with common and separate spaces. Additionally, weddings are among their specialties.

More to Love!

[Love Happens at Excellence Punta Cana & El Carmen](#)

French West Indies



St. Barthelémy Hotel & Spa

Le Spa at **Le Barthélemy** is an oasis of holistic healing that aims to restore the mind, body, and spirit to its natural and most authentic self. It was designed to encapsulate all of the senses with an open-air atrium that outdoor elements into your intimate wellness retreat. Also, Le Spa at Le Barth uses La Mer skincare products and it is currently the only hotel in the Caribbean partnered with the luxury brand. The grounds consist of a sauna, vitality pools, a hammam, gym, and private studio. There is also a Kids Program, making this the most parent-friendly of the Caribbean spas on this list.

Tip: Try the vitality pools! Ask for Nordic baths that draw their origin from Scandinavian tradition. They strengthen the immune system and stimulate the production of endorphins.

Grenada



Silversands Resort

The **Silversands Spa** presents a world in which life's pace has one setting: unhurried. Leave your phone behind (as per hotel rules) and fully immerse in one of the locally inspired or traditional rituals to disconnect from it all. Also, the broad menu includes signature massages, prenatal treatments, local remedies, body wraps, facials, and even cosmetic procedures such as botox and fillers. The spa features four treatment rooms, including two for couples, as well as a sauna, ice cave, hammam, experiential shower, hair and nail bar. A serene private pool is also available exclusively to spa guests.

Tip: Go to a Caribbean getaway in ancient Egypt and give Psammo Therapy a try. To access the Spa, guests must be at least 16 years of age.

Jamaica



Excellence Oyster Bay

Located in a private peninsula in Montego Bay, the Victorian-style **Excellence Oyster Bay** (adults-only) is The Excellence Collection's first all-inclusive resort in the destination and among Jamaica's best. Step into the *Millé Spa* and find a mix of ancient techniques and marine botanicals to transport guests into pure nirvana. Begin your Caribbean getaway spa experience with a guided hydrotherapy session. This harnesses the time-honored restorative powers of water to melt away stress and restore equilibrium from the inside out.

restorative powers of water to melt away stress and restore equilibrium from the inside out. Also for a romantic twist, ask for an outdoor, seaside treatment under the property's many palm trees. Did we mention Excellence Oyster Bay has a luminous lagoon nearby? It does, and if you are lucky you can witness this beautiful natural phenomenon during your stay.

Tip: You can upgrade to an Excellence Club level suite with a hydrotherapy circuit for two included.

St. Kitts and Nevis



[Park Hyatt St. Kitts Christophe Harbour](#)

Perhaps not among the most commercial destinations but this Caribbean getaway is definitely one to add to your future itineraries. Known for their world-famous blue seas and fine sandy beaches, **The Park Hyatt St. Kitts Christophe Harbour** chose to settle in St. Kitts and Nevis are volcanic islands. Also, the island's immaculate landscape poses as a perfect backdrop for the many outdoor activities the resort has to offer. From Hatha yoga to cross fitness workouts and boot camps (temporarily unavailable), there is something to satisfy everyone's fitness needs. Mix these with signature treatments from the Sugarmill Spa and Sanctuary such as body renewal rituals and a wide range of massage therapies to unify your body and soul.

Tip: Take your fitness and wellness to another level. Go on a volcano and rainforest hike, then come back to relax and enjoy the spa.

St. Lucia



Sugar Beach Resort

The Rainforest Spa at the **Sugar Beach Resort** is a true sight to behold. It is surrounded by soaring mountain vistas of Val des Pitons and lush foliage. These beauties have led it to be widely regarded as the island's spiritual heart. Also, even a stream runs within the spa which creates an ideal setting to rejuvenate, relax and reset. While harnessing the nourishing ingredients of nearby volcanic springs and fertile cocoa plantations, the Rainforest Spa offers a range of signature treatments that include bamboo massages, hot rock therapies, facials, body wraps, salt scrubs, polishes, and holistic treatments. There is also a new beachside wellness and fitness facility with unobstructed views of the island.

Tip: Book one of the treehouse treatment rooms. These treehouse rooms have beautiful, tall stilts as the building structure. Also, this includes a balcony overlooking the mountains and forest included.

We hope this list of top Caribbean hotel spas helps inspire your next romantic getaway!

Words by Diego Osorio

More to Love!

[A Design Lover's Guide to Traveling With Purpose](#)
[Romantic Weekend Getaways to Make Your Heart Flutter](#)

7 comments



POLITICADEVERDADE
27 MARCH, 2022 AT 15:56

[안전한놀이터](#) Lee Woo-kyung, the No. 1 player in Group D, turned Kim Min-ah and Cha Yu-ram to a set score of 2-1, but beat Kim Ye-eun 1-2 at the last minute and came up with two wins and one loss.



SCOTTCASSEROT
27 MARCH, 2022 AT 15:57

[먹튀검증커뮤니티](#) Lee Mi-rae played in the second set. He ran 5-0 first in five innings. But it didn't work out as I had hoped. Lee Woo-kyung also followed with five high-run points without losing. Lee Woo-kyung tied the score 9-9



SCOTTCASSEROT
27 MARCH, 2022 AT 15:58

[먹튀검증](#) Lee Woo-kyung widened the distance to 3-1 until the sixth inning, but no major runs were made. Lee Mi-rae, who scored only one run, barely started chasing in seven innings. In nine innings, Lee Mi-rae



JOELECORBEAU
27 MARCH, 2022 AT 15:59

[안전한놀이터](#) continued to score consecutive sets and Lee Woo-kyung

[안진원홀리더](#) It continued to score consecutive points, and Lee woo-kyung again scored five high-run points and 11-9, taking up to the second set. Lee Woo-kyung's consecutive three-run shot in the eighth inning of the



JOELECORBEAU
27 MARCH, 2022 AT 16:00

[안진한놀이터순위](#) Lee Woo-kyung defeated Lee Mi-rae, who lost her will to chase, 11-7, and finished the third set with a victory. Cha Yu-ram and Yong Hyun-ji, who played around the same time, recorded long-term hits up to



NYRTHOS
27 MARCH, 2022 AT 16:01

[먹튀검증커뮤니티](#) Only in the eighth inning did the scoring path, which had been blocked with one run each, break through, but failed to hit clearly. It was only in 13 innings that Cha Yu-ram broke the wall of another long hit with

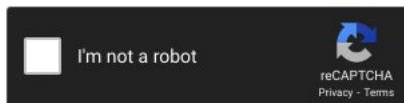


TOTOSINSA
27 MARCH, 2022 AT 16:02

[먹튀검증커뮤니티](#) However, once he set the mood, Cha Yu-ram also won the second set 11-8. In the third set, five high-run points broke out at the last minute, ending the game 11-6. As a result, Cha Yu-ram, who won the set score

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