

SPECIAL EDITION | OUR BIGGEST HAIR ISSUE EVER! NEVER HAVE A BAD HAIR DAY AGAIN

NEW BEAUTY

BEAUTY AUTHORITY

can you really
STOP AGING?

Doctors share the shocking truth

Courteney Cox
WHY SHE WENT TOO FAR

and what she did to fix it

FACT OR FICTION

PERFECT SKIN IN A BOTTLE

experts debate the

FUTURE OF BEAUTY CREAMS

(The) SECRET TO
LOOKING YOUNGER

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solace spots

mind
body
soul



LE BARTHÉLEMY HOTEL & SPA

SAINT-BARTHÉLEMY — St. Barths never does anything halfway, and the island's newest boutique hotel and resort is no exception. With exquisitely designed rooms, private enclaves and the only spa in the Caribbean that can boast a partnership with La Mer, nothing was forgotten in the making of this picture-perfect spot.


The definition of luxury,
this unassuming oceanfront oasis
offers an unforgettable getaway.



relax.

FINE-TUNED TREATMENTS

Le Spa isn't big—there are only four treatment rooms—but its open-air concept, carefully crafted treatments and luxe brands (bonus: Hermès rounds out the room's bath amenities) offer a mix of pretty much everything you could ever want. (It will also open whenever you want and you can request to get services in your room.) There's even an authentic Moroccan hammam debuting later this summer, rain showers and a dry sauna that are open to all guests.



HEALTHY CUISINE

The hotel prides itself on its Michelin-starred cuisine (even Marc Dobbels, the general manager, is a Michelin chef), but strives to not make it “stuffy.” Everything is extremely fresh and healthy—the kind of place where you can eat what you want and not gain weight—and most guests get a mix of meals at the restaurant, poolside, and the most popular, what the hotel refers to as “Picnic Chic” style.



COUTURE SERVICES

In keeping with the “non-stuffy” theme, the hotel is all about “couture” guest services, which to them means: “As the guest wants, when the guest wants, where the guest wants.” There's no formal check-in process, the staff is on-call 24/7 and almost all activities are included. There are even morning meditation sessions to start your day.



MAKE SURE TO PACK



THE ESSENTIALS

Pack ridiculously light with Diptyque's L'Art du Soir travel set. A mix of face and body products deliver everything you need for your daily routine. **\$85, diptyqueparis.com**



HAIR GO-TO

Inspired by natural-looking, beachy hair, **Playa Ritual Hair Oil** is the perfect by-the-ocean product. It smells so amazing (and isn't at all sticky), and you can even apply it to your legs. **\$38, playa.ca**



SUN SPRAY

This is another location where loads of sun protection is non-negotiable. This **Hint Sunscreen Spray** offers SPF 30 in a hydrating formula with real fruit essences. **\$24, drinkhint.com**