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from **Sophisticated Living Nashville**
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by **Sophisticated Living Magazine**



This French West Indies island provides a utopia no matter how you say it

Written by Christy Waller of CW Luxury Travel / Photos courtesy of Cheval Blanc and Le Barthélemy

Saint-Barthélemy. St-Barth, St-Barts, St-Bart. No matter the pronunciation. Volcanic hills that meet the sea, crystal clear waters, uncrowded beaches, world-class boutiques, and mornings that are long but nights even longer. The French Caribbean Island of St. Barthélemy is an unparalleled destination filled with more than 22 public beaches and a sort of utopia that many have never experienced. The European island is only 25 square kilometers and boasts rolling hills, quiet beaches, fairytale towns, and a lively port. The best time to visit St. Bart's is April to June. This island gem will leave you wanting more.

CHEVAL BLANC | St. Barts Isle de France is the Caribbean's only property with Palace distinction and continues to welcome guests like family as it has done for the past 20 years. The mission of Cheval Blanc is to deliver excellence, and nothing less, from the beginning to the end. The property was inspired by the French West Indies, unveiling a new redesign by renowned designer Jacques Grange. Every Cheval Blanc Maison is complete with a signature color, blush pink, reflecting the Maison's surroundings.



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Sharp Dressed M



Cheval Blanc's 61 rooms, suites, and villas offer various options for individuals, couples, or families. Enjoy the surroundings of flowery gardens, the azure sea, and soft powder sands from the comfort of your room. Guests will experience exclusive privacy and extreme luxury from the moment they set foot into their home-away-from-home.



Jean Imbert designed la Case's culinary journey. The menu showcases the highlights of Caribbean cuisine, treating the taste buds to a plethora of flavors.

La Cabane sits by the sea's edge showcasing authentic gourmet dishes. This is the perfect beach restaurant for afternoon get-togethers or to enjoy the sunset with a tropical cocktail. Guests can enjoy the White Bar for signature cocktails day or night while enjoying a day of relaxing or watching the sunset.



A haven for the body, mind, and spirit, The Spa at Cheval Blanc offers rare beauty rituals by Guerlain, exclusive in the Caribbean. The spa consists of four treatment rooms and a spa garden pavilion.



Climb aboard a yacht, sailing ship, or catamaran and set your course to explore the island's more beautiful bays. Cheval Blanc Alchemists will put your imaginations to the test by creating an adventure tailored to your desires. For the thrill-seeker, experiences include jet skis, quad biking, or hiking. In addition, alchemists can tailor scuba dives with local professionals, where guests can explore multi-colored fish and corals or the island's buried wrecks.

No matter your skill level, there is something for everyone.



LE BARTHÉLEMY was the #1 resort in St. Barts, the #2 resort in the Caribbean, and the Top 15 Best Resorts in the World in the 34th annual Conde Nast Traveler Readers' Choice Awards. Celebrating its 5th anniversary this year, we understand why guests continue to visit this property.



Le Barthélemy is set in a perfect crescent bay and is as elegant and restorative as its stunning beachfront location. With interiors by celebrated designer Sybille de Margerie and cuisine by chef Vincent Gomis, the hotel embraces its chic Parisian pedigree while reveling in its relaxed St. Barts setting. It is perfect without the unnecessary pretense.



At Le Barthélemy, interiors reflect the sea and natural beauty of its spectacular St. Barts setting. The resort is home to 44 luxurious suites and two villas. All accommodations are serene and stylish, designed by Sybille de Margerie. Invisible drop-down screens quickly transform outdoor terraces into private enclaves, shady and comfortable, all without disrupting the gorgeous view.





For the little ones, Le Barthélemy has many unique additions available. According to your child's age, there are plenty of extra features that can be arranged during your stay. From a Petit Prince or Princess Kit to a little bathrobe and slippers, your little ones will be pampered and well-loved. The resort provides many children's activities, from cooking classes, outside treasure hunts, aquatic adventures, and unique spa treatments that will ensure an unforgettable stay for everyone.



Aux Amis presents a gorgeous setting that delivers gourmet dishes such as local ceviche, grilled octopus, and more. An expansive wine list also accompanies the menu. Le Bar is the pretty spot for breathtaking views of the bay while sipping Caribbean cocktails and dining on small plates. It is the perfect beginning or ending to any evening. Whisky, Tango, and Foxtrot rooftop bar offers fun-loving guests a place to socialize with sea views and great drinks.

Le Spa at Le Barthélemy is an oasis of serenity to restore the mind, body, and spirit to their natural and most authentic self. This haven of holistic healing encapsulates all the senses, beginning with its soothing Caribbean setting and open-air atrium that invites the outdoors in. A dedicated team of expert therapists harnesses the healing powers of La Mer for the ultimate in rejuvenation. sl

Cheval Blanc St. Barth, Île de France / Baie des Flamands, Saint-Barthélemy

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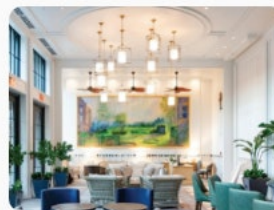
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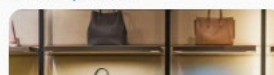


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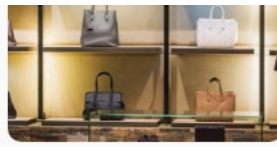


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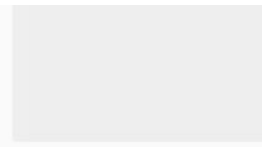




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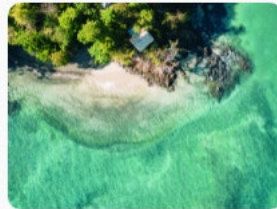
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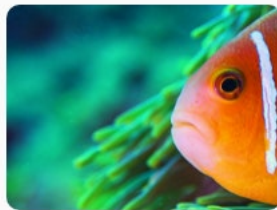
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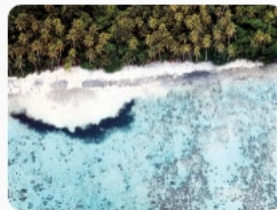
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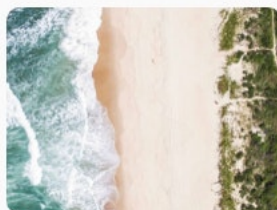
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